

**Researchers at The Royal Melbourne Hospital are seeking volunteers to participate in a research study investigating the benefits of drinking red wine**

We are seeking people who have a family history of bowel cancer or a personal history of bowel cancer or polyps to take part in this research. Resveratrol, found in some Australian wines in high concentrations, has been shown in many laboratory and animal studies to have anti-cancer effects, especially in the bowel. The study runs for 9 weeks and involves 3 short visits to our centre. During the trial period, participants are asked to adhere to a special diet and drink either 100ml of a non-alcoholic red wine high in resveratrol, or a placebo, on a daily basis. This project is in association with the Australian Wine Research Institute, and is funded by Cancer Australia. Please contact Virginia or Brooke on 9342 8995 or email [virginia.bird@mh.org.au](mailto:virginia.bird@mh.org.au) for further Information.

